

The Salvation Army is a Christian organization. We are not affiliated with NAV or Tromsø Municipality. The food assistance we provide is intended to be temporary in nature and emergency aid. The food we receive is based on donations and not from NAV or Tromsø Municipality. We assist people if a salary from work or public benefits is not sufficient in some cases. If you need long-term help, it is important to identify and understand the reason.

Food assistance mainly applies to guests who are struggling financially in everyday life and receive a state-based benefit from NAV:

*Work assessment allowance (AAP), Unemployment benefit, Minimum pension, Sickness benefit, Disability benefit.*

We also help: *Guests in full-time or part-time work who are experiencing financial difficulties both in the short and long term.*

We do not register new guests who have been settled by the Integration and Diversity Directorate (IMDi) in Tromsø Municipality. This does not apply to guests who are over 55 years old. The Salvation Army has a regularly updated overview of the municipal benefits available in the establishment benefits, waiting benefits and during the introduction program (for everyone between 18-55 years of age). The goal of the introduction program is participation in paid work and an independent life. We have considered the financial support of Tromsø Municipality both before and during the program to be sufficient to live a dignified life financially without help from the Salvation Army.

We also do not register guests who are under 30 years old who live alone or cohabitating and do not receive a state benefit from NAV mentioned above. This applies, for example, to guests who are entitled to loans and grants from the loan fund. Everyone between 16 and 30 years of age is covered by the youth guarantee in NAV and has enhanced support compared to other age groups to complete an education or find work. The goal is participation in paid work and an independent life.

Guests may still have individual problems that put extra pressure on the economy and lead to financial problems despite participation in the introduction program or other reasons. If you are in doubt whether you can still qualify for food assistance due to a specific issue in life, please request a conversation, and we will assess your case individually. If necessary, we may request documentation that demonstrates your situation for the assessment.

We encourage all guests who experience difficulties with the public sector to contact us. We can assist with applications for public assistance, for example financial social assistance, even if you do not qualify for food assistance with us.

Kind regards, The Salvation Army Tromsø (Applicable from 28.08.2025)